

## New beginnings

On a day when the country paid their respects to Sir Edmund Hillary a small group gathered to celebrate new beginnings and bless the land where the new 6 storey ward block will stand.

It was a moving ceremony attended by CMDHB CEO Geraint Martin, local Kaumatua and members of the construction and project teams.

After a welcoming karakia (prayer), the group was led down to the base of the future ward block.

A piece of old building 6, which is currently being demolished was blessed and buried underground.

The main significance of this ritual is to pay tribute to Papatuanuku (mother earth) for allowing a building to be placed upon her.

The piece of the old building was placed for remembrance sake.



*The first half of the L-shaped building has been dug out.*



*CEO Geraint Martin places a piece of the old building in the ground.*

### **Construction Progress – New Ward Block.**

*The first half of the L-shaped building has been dug out and concrete pads, that the new building will sit on are being poured.*

*Demolition of building 6 continues.*

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## Construction continues for the new Intensive Care Unit (ICU)

Construction of the new Intensive Care Unit is progressing.

Significant work has now been completed to extend the floor of the Acute Hub on Level 1 to accommodate long term capacity for an 18-bed ICU. To achieve this extension, the history corridor was demolished on level 1 and the floor area extended, also allowing for installation of new external windows. This will provide natural light in the patient areas to aid in recovery.

Construction of the clinical area is very advanced. Walls are up, painting has been completed, pipe work and cables in the ceiling are 95% complete and floor preparation for vinyl has started.

The ceiling support structures for the new 2-arm medical service pendants are installed and our supplier is in the process of building the pendants. These pendants will make a significant difference to staff working with patients, enabling more flexible use of the bed space area by providing increased outlets for power and services which can be moved to suit individual patient needs.

The office and administration walls are 50% complete. This area will include a separate access for the new visitor waiting area that will be accessed via the Rainbow Corridor lift from the ground floor.

Thanks to all the staff and public who have tolerated the building work that has, at times been disruptive. Your patience and understanding during the construction of this new Unit is greatly appreciated by all involved with the project.



***Open plan bed spaces. The low level wall in this photo is one of the nurses write up bays***



***This is the new internal corridor that leads to the general bed spaces.***

## Big plans for Manukau SuperClinic

The Manukau SuperClinic is set to expand, with the first stage of construction commencing May 2008.

The Outpatient Utilisation review identified which services should be included in the first stage of construction.



*Manukau SuperClinic*

Medicine, Ophthalmology and Women's Health are the top three areas needing additional rooms, while the Referral and Appointment Centre requires a permanent home. The Centre is currently accommodated in portacomms.

The need for a new Renal Unit was also identified for the first stage of the Manukau expansion.

The design of the Outpatient expansion maintains the principles of the SuperClinic which include easy access through one main entrance, the module concept, light and space, and good wayfinding.

In the first stage, two new two-storey buildings will be built at the rear of the building (refer to the site map on page 5).

The ground floor of the larger building will house Ophthalmology, with the first floor of the building being for Women's Health.

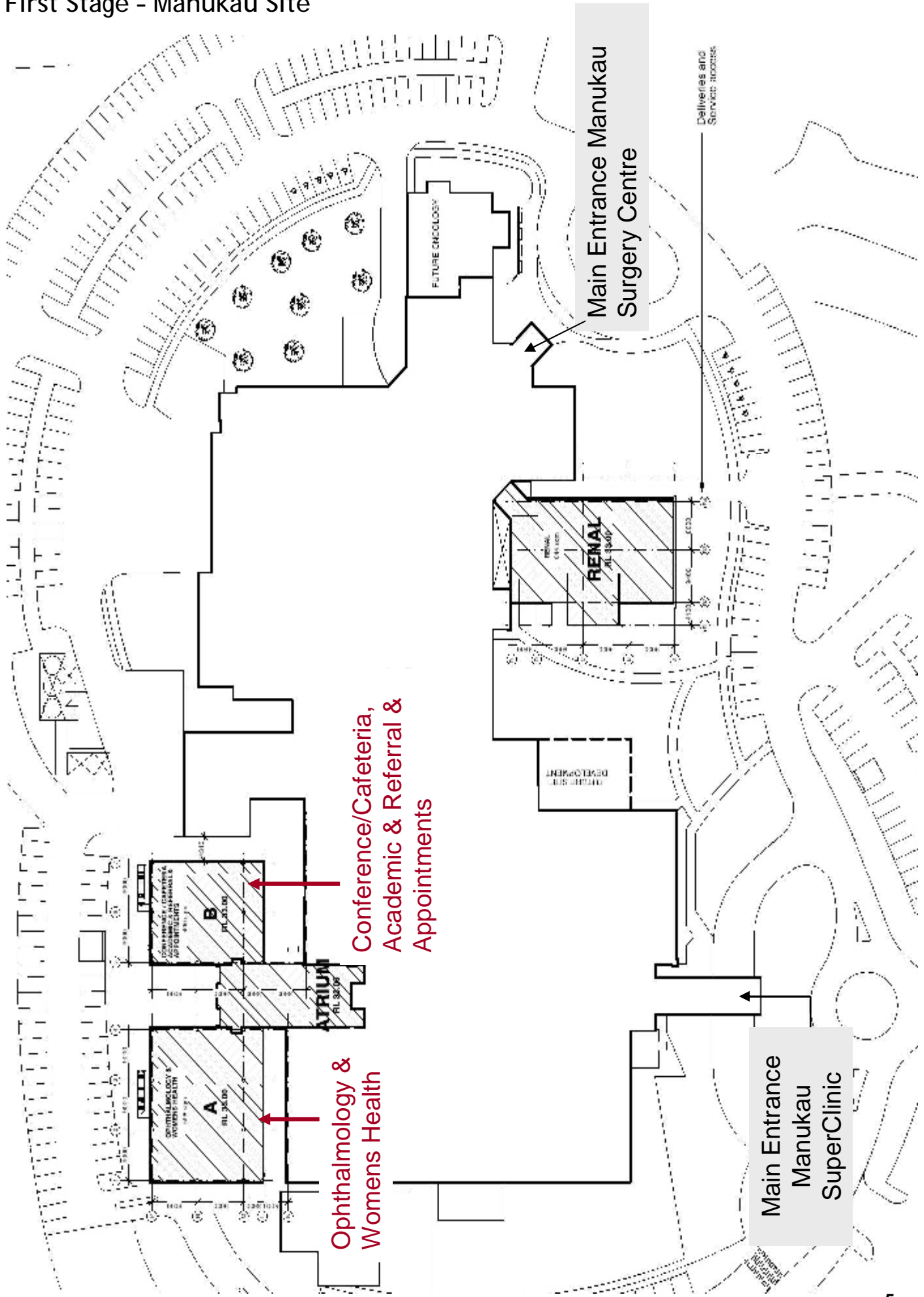
The smaller building will have conference rooms on the ground floor with future space for a new cafeteria. The Referral and Appointment Centre will be on the first floor of this building alongside management offices.

When Women's Health moves out of module 6, Medicine will expand, using both modules 5 and 6.

Several outpatient clinics, currently being held at Middlemore, such as cardiology pacing clinics, will be moved to the SuperClinic.

***Did you know that the Manukau SuperClinic was officially opened on 8 October 1997 by the then Prime Minister Rt Hon J Bolger.***

# First Stage - Manukau Site



## The Cardiac Investigation Unit has moved

The old Delivery suite has had a make-over and is now temporarily occupied by the Cardiac Investigation Unit (CIU).

You wouldn't recognise the place. The old carpet that used to line the corridor has been replaced with vinyl and the walls have been given a fresh lick of paint. The neutral colours have opened up the entire area and given it a spacious and light feel.

The old Delivery Suite was blessed by local Kaumatua and Chaplains prior to occupation.

"Everyone seems to be happy with the new Unit," says Cardiac Technologist Shawn O'Leary. "It's much bigger and better set out than our old area.

"Having the reception in the Department as opposed to where it used to be i.e. outside the area also helps make the administration staff feel they are part of the team.

"Staff are also enjoying the windows and doors that open to the outside.



**CIU Staff attend the blessing of their new area.**

**Construction of the new ICU on Level 1, Acute Hub resulted in the relocation of CIU to the old Delivery Suite. This is only a temporary move as CIU will move into the new ward block when completed in June 2009.**

## Refurbished change room for female Theatre staff

Female staff are now enjoying a refurbished change/locker room. Gone is the old, cramped and drab room - in its place is a spacious, fresh and uncluttered room consisting of new shower linings, tap ware, floor vinyl, wall paint, new lockers and change benches.

The extra space means female staff get their own lockers – a welcome change from having to share.

Another addition is the security key pad on the door, resulting in secure access and increased piece of mind.

Work has now begun on refurbishing the male change rooms.



**Refurbished change room**

## Upgrade for Tiaho Mai

Tiaho Mai is upgrading its current facility at Middlemore Hospital.

This will support a new Model of Care based on the principles of recovery, integrated care and an individualised approach to care & treatment.



*Tiaho Mai*

“To enable this model to be successfully put into practice, significant building changes are required to create an appropriate environment for its service users,” says Project Manager Patrick Long.

“The main focus will be on refurbishing the Tui Ward to adapt it to the new Model of Care and the shared central area.”

**Tiaho Mai is an acute mental health unit situated in the grounds of Middlemore Hospital. There are three wards:**

- ***Kuaka* is the intensive care unit with 12 beds**
- ***Huia* is a ward of 20 beds**
- ***Tui* is a ward of 18 beds**

**Tiaho Mai provides care for people from Otahuhu to Mercer, coast to coast including Kaiaua and Port Waikato. It is an inpatient unit, where people are admitted into a hospital setting with mental health problems during a crisis.**

**The name *Tiaho Mai* translates to the light that comes from the moon and the stars "Shine Here".**

The building work on Tui will include individual bedrooms and ensuites for all service users, a specialised low stimulus area, self care kitchen and laundry and a 3 bedded Intensive Care Area (ICA) on the end of the ward with it's own lounge & dining area, seclusion suite and outside courtyard.

Changes to the central area are focused on modifications to create spaces that are safe, functional and maximise privacy as well as minimising disruption to the unit, especially on days when court hearings are in session.

Kuaka (Intensive Care Unit) and Huia Ward will also be refurbished. This will improve the current environment for both staff and service users and enable, within the limitations of the existing building, the implementation of many aspects of the new Model of Care.



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## Coming soon – NEW access routes to Kidz First, Adult Medical Centre and the Rainbow Corridor.

From late February 2008 you will need to use the new Kidz First corridor (if travelling between Kidz First and the Adult Medical Centre) and the new ramp (if travelling between the rainbow corridor and Adult Medical Centre).

## Towards 20/20 Web Site

In the internet explorer address bar type: <http://www.cmdhb.org.nz>  
Click onto Towards 20/20.

The Towards 20/20 web site has been designed to inform staff about the modernisation and redevelopment projects occurring across the CMDHB sites.

You'll find background information and regular updates on the various projects, along with updated photographs of construction activities, floor plans, copies of Towards 20/20 NEWS and much more

