

## Improved access routes

The NEW Kidz First Corridor and the NEW ramp linking the Adult Medical Centre (AMC) to the Rainbow Corridor OPENED on Monday 3 March 2008.

This means the temporary corridors i.e. the corridors that used to link the AMC to the rainbow corridor and the rainbow corridor to Kidz First can now be removed.

Please note the NEW AMC Lobby and courtyard will OPEN mid May 2008.

In the mean-time temporary access will continue to be provided next to the AMC staff lifts, until the lobby is complete.

Way-finding signage will point you in the right direction.

## New Beginnings

A blessing of the new Kidz First corridor and rainbow corridor ramp was held on Friday 29 February 2008.

CMDHB Board member Paul Cressey welcomed everyone to the event, and commented on the hard work and dedication from everyone involved with the Project.

The new access routes are now open and will improve pedestrian flow between our major buildings.



***New corridor and ramp***

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***Hospital Chaplains and Kaumatua lead the way***

## First Impressions

The new AMC Lobby opens mid May 2008 and with only 10 weeks to go looks amazing. As I stand in the middle of the lobby adjectives such as warm, open, inviting and easy to navigate come to mind.

In fact the lobby reminds me of a hotel foyer, modern, welcoming and non-clinical.

The first thing I notice is the glass dome ceiling which attracts all the natural light. Straight underneath this ceiling will be a reception desk, in full view of all access routes.

The circular shaped reception desk is going to make a huge difference to the numerous visitors who come through our doors, the majority of which are sick, worried, frantic, happy, sad, aged, in a hurry and reluctant. A natural timber strip will guide the visitor from the main entrance to the central core of the lobby. This is great for way-finding and will reduce a lot of anxiety. This strip will also point towards a "Feature Maori Carving" located in the reception area.

As well as being functional the lobby, when finished will be impressive and memorable. A balance of colour, texture and culture will make a lasting and positive impression. Traditional design features include timber panels around the base of the columns and a large tapa cloth from the Pacific Islands that will take pride of place on a feature wall.

Other design elements include timber seating and concrete planters in both the entry and reception areas. This helps to blur the distinction between indoors and outdoors.

A new landscaped courtyard will come off the main lobby and will provide a place to sit and enjoy a bite to eat.



*New AMC Lobby*

### Construction Update:

#### NEW AMC Lobby

Walls are lined and painting will commence shortly.

Installation of the ceiling grid and ceiling services has commenced.

#### COURTYARD

The scaffolding is currently being removed.

The exterior wall surrounding the courtyard will then be painted and planter boxes installed.

Paving will commence and seating installed.

Completion of the courtyard and lobby is planned for mid May 2008.

# NEW Intensive Care Unit (ICU) to open June 2008 – check out the latest update and construction photos



**Bed spaces**



**Positive pressure Isolation/Ante Room**



**In the corner of this corridor is the staff entrance into ICU.**



**A feature wall lines the corridor**



**The green object in this photo is a Write-up station**



**Service Corridor**



**The History corridor has been replaced with a new corridor located within the new ICU. The indent in the floor will be a bed weighing station.**

## Construction update:

Finishing touches e.g. painting, floor vinyl, ceiling grids are underway. Door sets are currently being fixed & hardware installation will follow in march 2008.

Installation of Medical Services pendants will commence early April 2008.

Underslab drainage works to Emergency Care's ceiling space are nearing completion. The southern corridor extension is complete and building works will now be interfaced with the surrounding new wall (currently under construction).

New services will now be installed in the ceiling and walls. Work is also progressing to connect the ductwork to new and existing systems to the plantrooms. We have also completed the work to extend plantroom 68.

## What happened to the old Cardiac Investigation Unit (CIU)?

The old CIU waiting area has been demolished and new walls are currently under construction. This will become part of the new administration area for ICU.

CIU is now located in the old Delivery Suite, Ground Floor, Building 2.



**Walls are being constructed.**

## Great learning opportunity for 'Tree House' kids

Construction of a new 6-storey ward block is causing great excitement among the children from the 'Tree House' – a Child Care Centre at Middlemore Hospital.

Every now and again a small group of children from the Totara Room gather outside the netting safety barriers and under the watchful eye of their teacher draw the progress of the new ward block.

Once they return to the 'Tree House', children share their findings and post photographs on the noticeboard, specifically designed for the Project.



***Budding Architect Jonathon Sutcliffe maps out the new building.***



***Monitoring progress from behind the safety barrier.***

“The construction of the new Ward Block has created a wide range of learning opportunities,” says 'Tree House' Supervisor, Prue Crarer.

“Children have been drawing plans, making buildings out of various materials and expressing their learning through art work and stories.

“Teachers and parents have also provided resource books and props to spark discussion.”

The children have already planned their next trip and will be shown around by Fletchers Project Manager Chris Tuxford.

“It’s great to see the kids taking such an interest in what we are doing,” says Mr Tuxford. “We could have some budding architects, planners and builders in our midst”.

***The Totara Room Teachers are Heather, Malina and Prue.***

## Historical beginnings

*As we enter into a period of growth and redevelopment it's important to understand our historical beginnings. Each issue of Towards 20/20 will take you on a journey through the past 60 years.*

**Changes in Nursing – Clinical and Theory. This article was written by Betty Dow, as published in Middlemore Memories**

The 1957 curriculum change had incorporated obstetrics into the general nursing programme. At the end of three years the students sat hospital finals and then state examinations in medical, surgical and obstetric nursing. In 1961 the opening of the obstetric unit at Middlemore Hospital meant students no longer had to travel to Franklin, Waiuku or Cornwall Hospitals for their obstetric experience.



Margaret Allen was appointed charge tutor of the Middlemore School of Nursing, established in 1962 in the old household staff quarters across the railway line. She was succeeded by Joan Nel-Swartz and Ruth Anderson and later by Lorna MacDonald.

Yvonne Shadbolt who worked at Middlemore in the tutorial department later became head of the Department of Nursing at the Auckland Technical Institute when it opened its nursing school in 1975.

*Linda Stevens is pictured here after graduation. In addition to her state medal she is wearing the gold medal awarded by the Auckland Hospital Board for the top Auckland nurse and a second gold medal for the highest marks in the country. In her hands is the Rotary Club award. When Valarie Arnold died in the Erebus disaster Linda took over her position as the charge sister in Ward 5.*

When the Galbraith block opened in 1964, students were able to gain general medical, surgical, specialist and theatre experience on site. Students still went on tour for ENT, infectious disease, paediatrics and psychiatric experience. Over the next few years the nurses' hospital experience was obtained by an increasing degree at Middlemore.

## State Finals

Students had to pass the preliminary, first professional and hospital finals and then the final state registration examination. The state examinations were set by the Nursing Council of New Zealand. The long, hard hours of physical nursing, shift work and the tensions of working in a busy, demanding environment were not conducive to study.

## Historical beginnings (continued)

There was a lot to learn and remember. Examinations floored some candidates who were outstanding clinical practitioners. We had to provide extra coaching and encouragement to help them overcome their fears and pass the registration examinations.

I remember one group, who studying hard for their state finals decided to take a break. They took off to the local shop for a good feed of fish, chips and sausages. On the way back they noticed the light on in my office. Knocking on the door they asked if they might come in. They all trooped in, squatted on the floor, and I was invited to quiz them till they had finished all the food and some of their anxieties were allayed. The following evening they were back in the office to ask if I had set the paper. By chance many of the subjects discussed the night before were included in the paper!

## Relations with the Medical Staff

In a large, busy, complex hospital tensions between nurses and doctors were inevitable from time to time. Urgent cases for admissions or surgery and no beds or insufficient nurses for the patient load and acuity were the common causes. However, with frank and open discussions, humour at times and an underlying goodwill, most of the difficulties were satisfactorily dealt with and the work continued.

There was a lot of camaraderie and fun among the junior staff and the ensuing romances were followed with great interest. Unfortunately the matrons missed out, although we did enjoy the romances from a safe distance.

There was a good atmosphere at Middlemore. The long length of stay of many staff indicates that Middlemore was an interesting, and on the whole, an enjoyable place to work.



*From 1947 to 1959 matrons and nurses dined each day together in the nurses' home. Seated at the top table from left are Robin Grandison (Ward 4), Jean Guthrie, Beverley Baker, Marjorie Crabbe and Edith Daly, the home sister. It is a festive occasion with a special printed menu.*



## Contact

### Communications Coordinator

Janet Haley

**TOWARDS 20.20**

Counties Manukau District Health Board.

C/- Projects Office, Building 25

Private Bag 94052

South Auckland Mail Centre

Auckland

Ph: (09) 262-9500

Fax: (09) 270 9714

Mobile: 021 443 731

Email: [haleyj@middlemore.co.nz](mailto:haleyj@middlemore.co.nz)

Web: [www.cmdhb.org.nz](http://www.cmdhb.org.nz)

## Towards 20/20 Web Site

In the internet explorer address bar

type: <http://www.cmdhb.org.nz>

Click onto Towards 20/20.

The Towards 20/20 web site has been designed to inform staff about the modernisation and redevelopment projects occurring across the CMDHB sites.

You'll find background information and regular updates on the various projects, along with updated photographs of construction activities, floor plans, copies of Towards 20/20 NEWS and much more

