

His Worship the Mayor Len Brown officially opens the new Ophthalmology Module

The new Ophthalmology Module at the Manukau SuperClinic was officially opened on Friday 25 September by His Worship the Mayor Len Brown.

The new clinic is furnished with the latest equipment, and is housed in a much bigger facility which includes a waiting room, a procedure room, a recovery room and better facilities to assess children.

“Over the past three years our patient numbers have tripled, largely because of the increase of diabetic patients and the introduction of new interventions in the treatment of retinal diseases,” says Anmar Abdul-Rahman, Clinical Director, Ophthalmology.

“The clinic will make a significant contribution to the community. We’re able to see more patients and offer new and more effective interventions.”

The staff are very grateful for the support of the Southern Trust whose significant financial



Ophthalmology Clinical Director Anmar Abdul-Rahman gives Southern Trust chairman Evan Moore an optical coherence tomography test in the new ophthalmology clinic at the Manukau Super Clinic.

aid has enabled them to purchase many vital pieces of equipment for this new facility, including rotatable and electrically controlled hydraulic examination chairs which can accommodate patients in wheelchairs.

Southern Trust has put more than \$2 million into healthcare in Counties Manukau over the past decade.

“We are thrilled to be in a position to donate grants into such an important area, purchasing equipment that can have sight-saving benefits to the people in this community,” says Karen Shea, Chief Executive Officer of the Southern Trust.

Another long term supporter of the CMDHB eye service is the Lions Club of Howick, who donate the proceeds of their annual fireworks extravaganza towards purchasing a piece of equipment each year.

Special thanks to the children from Kingsford Primary for their fabulous performance.



The children from Kingsford Primary

Counties Manukau goes digital

Mammograms in Counties Manukau will be faster and a more comfortable procedure for many women, with the unveiling of the new digital mammography machine.

With the financial support of major sponsors - the Lion Foundation and the New Zealand Breast Cancer Foundation, the new equipment has become a reality for the Counties Manukau breast screening service.

CEO of The Lion Foundation, Phil Holden, says he was glad to be able to help, "This is potentially life-saving equipment, and it can benefit thousands of women annually – these are the types of good causes that the Lion Foundation funding is all about."

The Lion Foundation has given \$5m support to the South Auckland Health Foundation over the past five years. The new equipment cost almost \$735,000 and Radiologist and Medical Director from BreastScreen Counties Manukau, Sally Urry, is thrilled to have the new full field digital mammography machine.



Mike Smith, Chairman of The Lion Foundation, Dale D’Rose, Sally Urry, Radiologist and Medical Director of BreastScreen Counties Manukau, Jude Dobson, Ambassador for NZBCF and Heather Shotter, Executive Trustee for NZBCF in front of the new digital mammography machine.

"The new equipment gives us the ability to image more women, more efficiently and in some cases with more accurate results," she says. "With 13% of all breast cancers diagnosed in New Zealand coming from the Counties Manukau area it is imperative that we have the best available equipment."



His Worship, the Mayor of Manukau, Len Brown, Executive Trustee of New Zealand Breast Cancer Foundation, Heather Shotter, Dale D’Rose and Mike Smith, Chairman of The Lion Foundation cutting the ribbon.

The New Zealand Breast Cancer Foundation have also contributed \$282,500.00 raised through a four month fundraising drive, including the nationwide Pink Ribbon Breakfast campaign in May 2009 and the annual 'In the Pink' fashion fundraiser in June.

NZBCF Executive Trustee, Heather Shotter, stresses the importance of women having regular mammograms. "Research has shown that early detection is a woman's best protection against breast cancer. The Foundation urges women to have their age appropriate mammograms as an effective way to reduce death from breast cancer."

With rapid population growth, Counties Manukau has one of the busiest breast clinics in the country, and last year diagnosed 300 new breast cancer cases. 2

New beginnings

The team from Maaori Mental Health at the Cottage and Perinatal Mental Health, at Lambie Drive have moved into a refurbished facility in Kerrs Road, Manukau. This single level facility will help accommodate the two diverse and growing services.

The building is called Aroha ki te Tangata (compassion towards others) and has been designed to promote the concepts of family, healing and wellness.

It's location in the heart of Manukau will bring the two services (Maaori Mental Health and Perinatal Mental Health) closer to the community they serve and enhance relationships with external agencies e.g. PHOs.

"The demand for Mental Health Services has steadily grown over the years, with many of our Tangata Whaiora (clients) being of Maaori descent and aged between 18 and 65 years," says Sharon McFarland, Service Manager, Maaori Mental Health.

"Building relationships and providing a culturally safe environment for our service users is an important part of the service we provide," says Sharon. "Our three teams: Te Taumata Kaumatua, Te Huarahi Ora (Intensive Community Team) and Manaaki Ora (Community Mental Health Service), bring a wealth of experience and passion to the work of improving mental health and well-being for Maaori."

The team from Perinatal (Maternal and Infant Mental Health) are looking forward to a new beginning.

"Perinatal Mental Health is a relatively new concept in NZ, and one of the most exciting and rapidly developing areas in the whole field of mental health," says Perinatal Team Manager Gill Graham. "Our team, which consists of Occupational Therapists, Psychologists, Psychiatrists and Psychotherapists, will work with families to build nurturing and strong relationships with their children."



The new Building is called Aroha ki te Tangata (compassion towards others)

Gill says support during a baby's first years can significantly increase the proportion of babies who form secure relationships with their parents, and this has lasting benefits for their subsequent development. "Early intervention when there are difficulties can prevent the development of mental health problems in later years," says Gill.

The building was officially opened on Wednesday 14 October 2009.

Features of the building include two carved pou at the front entrance, a Maaori carving, kindly gifted by Hone (John) Honui – a representative of the Maaori King, some carved panels throughout the building, a mural and a healing fountain at reception. There are also plans for an outdoor playground.

NEW NAMES FOR MAAORI AND PERINATAL MENTAL HEALTH SERVICES AT KERRS ROAD

The following new names, which includes the name of the building have been kindly provided by the Maaori King:

Maaori Mental Health is called Te Puna Waiora (The Spring of Wellness)

Perinatal is called Nga Whetu o te Taiohi (Nga Whetu means family of stars. Taiohi means young). The Maaori name for Infant Mental Health is Whakatupu Ora (growing wellness)

Celebrating the coming together of services

A large gathering turned out on Wednesday 14 October for the official opening of Aroha ki te Tangata (compassion towards others). This building brings Maaori Mental Health and Perinatal Mental Health Services together and is located in the heart of Manukau - the community they serve.

Guest speakers included Tanya Maloney, GM Mental Health Services, Jo Chiplin, Project Manager Mental Health, Bernard Te Paa, GM Maaori Health, Gill Graham, Team Manager, Perinatal Mental Health, Manu Sione, GM Pacific Health and Shaz McFarland, Service Manager, Maaori Mental Health. MC for the event was Barry Bublitz from Maaori Health.

All of the speakers acknowledged the hard work and dedication taken to reach this stage, and the important role that community agencies play in supporting Tangata Whaiora (clients) and their families.

Special thanks was given to the Counties Manukau District Health Board, Manawhenua, Kaumatua, CMDHB Managers, service users and everyone involved with the project.



A large crowd gathered for the opening of Aroha ki te Tangata



Reception – Aroha ki te Tangata



Play room - Perinatal



Whanau Room - Perinatal



Office – Maaori Mental Health. Note the Kowhaiwhai pattern etched in the glass. This symbolises Whanau Ora (Family)



Pou Tama (stairway to heaven)

A fresh start for MHSOP (Mental Health Services for Older People)

In June 2010 MHSOP (Mental Health Services for Older People) inpatient service (Ward 22) will move to Level 5 of the Edmund Hillary Block.

The new beginning has given the MHSOP community and Ward 22 teams an opportunity to look at the way they currently work and make improvements as they go forward.

“The 4 work-streams that make up the service redesign steering group have been doing some wonderful work and have been trialling a variety of quality initiatives,” says Pip Matthews, MHSOP Service Manager.

“This includes designing a ward that will enable a more patient focused model of nursing care, including appropriate spaces for therapeutic activities.”

The current ward has one shared area making it difficult to have a variety of group activities to meet patient needs. The additional space will also provide patients with a sanctuary space for ‘quiet time’, a walking route around the ward for patients who suffer from dementia and a functional kitchen.

“People access our services primarily for assessment and treatment for a range of mental health issues,” says Pip. “For this reason it’s important that we engage our service users in therapeutic interventions throughout the day.”

The consumer reference group are delighted that the new ward will have more single rooms – each with its own bathroom. This is going to make a major difference to patient privacy and will provide a more dignified and respectful environment.

Another exciting development is the facilitation of ward focus groups for inpatients and a consumer reference group for community clients. “These groups, run by the consumer project coordinator are providing valuable insight into how we can improve our current and future service,” says Pip.



The MHSOP team: From Left to right: Pip Matthews, MHSOP Service Manager, Nirmala Saini, RN, Jane Earl acting Charge Nurse and MHSOP Nurse Leader and Lesley Kerr nurse project manager

Suggestions are fed back to the service redesign steering group and help to inform quality initiatives.

“There is still a lot of work to be done, but I feel we are definitely on the right track,” says Pip.

Mental Health Services for Older People (MHSOP) is an integrated assessment and treatment service for older people with moderate to severe mental health problems and/or those suffering from behavioural and psychological symptoms associated with dementia.

MHSOP serves the population of Counties Manukau District who are 65 or older. There are also provisions for some younger people who would benefit from the services provided by MHSOP. MHSOP includes a 15 bed inpatient unit based at Middlemore Hospital and two geographically aligned Community Teams.

The Community Teams are multi-disciplinary and include Registered Community Nurses, Occupational Therapists, Social Workers, Maaori and Pacific Mental Health Professionals and Psychologists. Each team has Consultant Psycho-Geriatricians and a Psychiatric Registrar. If an inpatient stay is required the members of the community team remain involved in the care planning while the client is an inpatient.

Lifts and Links Project

Due to the shocking weather some of you may have thought we were building a lap pool as opposed to a link between the Edmund Hillary Block and AMC.

However despite the rain work continues and we are making good progress.

New AMC Patient Lifts

On Tuesday 27 October – Friday 30 October sections of structural steel will be progressively lifted by crane across the AMC/Edmund Hillary Block links and into place on top of the lift shaft (pictured on the right). This will be a similar exercise to the lifting of the concrete ducts a few weeks ago. Further details will be sent to you via email.

Link

Concrete slabs will be poured for the ground floor link between the AMC and Edmund Hillary Block.



Straight ahead is the link from the AMC to Edmund Hillary Block. On the right is the new lift shaft

Refurbishment Ward 5

The refurbishment of Ward 5 on Level 2 of the AMC is in its final stages and will be complete at the end of this month (October 2009).

This includes:

- A new reception
- New dining room/lounge for patients
- A new Family/Whanau Room
- Tidy up of existing areas

The installation of joinery (window and door frames) is underway and vinyl laying in the corridors and main entrance will take place shortly. Services e.g. power, data, lighting are currently being commissioned.

Ward 22A will move to the AMC in November 2009.



New dining room



The new reception takes shape

BreastScreen Service on one site by Kathy Pritchard, Programme Manager, BreastScreen

The entire BreastScreen Counties Manukau (BSCM) team will be located at the Manukau SuperClinic early 2010. Currently the service is operating across two sites. While women are screened at the Manukau SuperClinic and on our mobile unit, films are read and the support staff are located at Lambie Drive.

BSCM is one of 8 providers of the BreastScreen Aotearoa programme that offers free breast screening to women aged 45-69 years. 1 in 10 women get breast cancer at some time in their lives, and early detection through mammography, followed by appropriate treatment is the best way of reducing the chances of dying from breast cancer. In the 2008/09 financial year 17,230 women were screened by the service, 7,900 of these at Manukau SuperClinic and the remainder on our mobile unit and at subcontracted sites in Papatoetoe, Howick and Pukekohe.

While the breast screening service has increased screening volumes significantly during 2009, additional capacity is required to meet the national target of 70%. This coverage level reduces mortality from breast cancer by 30%. Current coverage in CMDHB is 50%.

Refurbishment at Manukau SuperClinic of the old conference room next to the current BreastScreen service and the area where the Hand Therapy Clinic was located will commence shortly. In addition to providing office space for the staff transferring from Lambie Drive, the new area will provide a larger waiting area for women, and an additional mammography screening room, a mammography viewing area and a larger area for the MRT workstations.

The additional mammography room will allow for the service to screen over 4,000 additional women each year and reduce waiting times for stereotactic biopsies. We plan to purchase an additional digital mammography machine that will be installed in



BreastScreen Counties Manukau

this new room in the new year. This will mean that BSCM will have access to two digital machines. The first digital mammography machine at MSC was installed in September 2009 and was kindly funded by The Lion Foundation and the NZ Breast Cancer Foundation. This machine is shared by BreastScreen and the South Auckland Breast Clinic.

Having the entire team on one site will allow for more effective use of administration staff and more efficient workflows. It will also reduce staff travel and courier costs for films and files which are transported between sites. A separate reading room and digitising area will also be welcomed as equipment is currently temporarily located in the assessment room and the resultant "multipurpose" use of this room limits access to essential equipment.

The service looks forward to the move in 2010 as the refurbished facility will greatly improve our capacity to provide services to the women in CMDHB.

New location for Hand Therapy at the Manukau SuperClinic (MSC)

For the next 3 weeks i.e. until early November 2009 you'll find the Hand Therapy team in the old eye clinic on Level 1, MSC. This temporary move will enable building works to progress for BreastScreen, who are expanding into Hand Therapy's old area.

On 2 November 2009 Hand Therapy will move into a refurbished space in Module 9, which is currently occupied by Plastics Outpatients.

"The new Department will improve the way we work, by bringing hand surgeons, plastics and hand services together," says Alieke Van Middelaar, Team Leader Hand Therapy. "At the moment the hand surgeons see patients in Module 9 and then send them upstairs for treatment. Our new Department means patients can be assessed by members of the multi-disciplinary team in one location. The end result is improved care for our patients."

Alieke says the new area will be open plan, similar to their current space which encourages good team work and communication. The only change will be the installation of more privacy screens for the patients.



Hand Therapy prior to the move to the old eye clinic

"We have been planning our new Department for awhile and are looking forward to a new beginning," says Alieke. "Many thanks to everyone involved with the Project."

The Hand Therapy Team consists of specialty physical therapists and occupational therapists, whose aim is to provide treatment that helps restore normal activity and function.

Jack of all trades

Many of you may not realise how multi-skilled our technicians are at Middlemore Hospital.

If you have a problem with power, water, sewer, drainage, air conditioning, plumbing, medical gas, steam, hot water boilers, fire systems and emergency generation these are the guys who should be your first port of call. It's up to them, along with the Engineering and Facilities team to ensure all 26 services at Middlemore are functional, safe and maintained.

"The great thing about the job is the diversity," says Reg. Ryan, Technician. "You never know what you are going to get when you turn up for work. It can also be challenging, when you have to carry out repairs or maintenance within an operating department."



From Left to Right: Neil Adams, Peter Mans, Denesh Chandra, Reg Ryan and Maurice Jones

The Maintenance Technicians are on call 24/7. During the day (7.30am – 4pm) log a call with the Engineering Help Desk or phone Daily Operations after hours.

Building 2 update – Middlemore Hospital

Radiology Offices

Construction of the new Radiology Offices is going well. As you can see from the top photo, walls have been knocked down resulting in a large, bright and open area.

This will accommodate Radiology's clerical staff.

Painting is currently underway and carpets have been laid.



Radiology Offices

Bereavement Care

To date rooms have been cleared out, walls demolished and new walls built. Structural steel has been installed and painting will commence shortly.

The new area will consist of 2 viewing/whanau rooms, a waiting room and kitchen (not currently available in the existing area), a preparation and procedure room and administration offices.

The slab has been poured for the new garage, being built at the back of Building 2.

Staff from Radiology and Bereavement Care will move in December 2009.



Waiting Area



Viewing Room



New Garage



Contact

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TOWARDS 20.20

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Towards 20/20 Web Site

Access from 'Projects' website on SouthNet or under 'P' in the Services Directory.

The Towards 20/20 web site has been designed to inform staff about the modernisation and redevelopment projects occurring across the CMDHB sites.

You'll find background information and regular updates on the various projects, along with updated photographs of construction activities, floor plans, copies of Towards 20/20 NEWS and much more.

Construction update Edmund Hillary Block

Basement:

Flooring is being laid.

Level 1:

The walls are going up and services such as electrical, data, nurse call and security are being installed.

Level 2:

Framing is being installed

Level 5:

Some of the walls are up and work will begin shortly on the flooring and ceiling.

A bit of history

The land where Middlemore Hospital stands was originally part of a huge area (40,000 acres), bought from the Maori by Mr WT Fairburn, a church catechist, for 16 pounds and goods worth a further 302 pounds. This claim was subsequently reduced to 260 acres and the land was farmed by him and his descendants.

In 1894, 344 acres were purchased by GL Thomson who farmed it with his son. When the father died his brother William Middlemore Thomson, came over from Scotland to help the young son run the farm. His middle name gave

the farm, its district and later, the hospital its name. The Auckland Golf Club purchased the land in 1909, selling of 40 acres in 1917 to Kings College. It enabled Kings College to move its secondary department from the crowded Remuera site to Middlemore. Due to the Pacific War and the need for a military Hospital, the Government requisitioned 59 acres from the Golf Club in the 1940's. The Hospital site was carefully chosen to be near the railway line for the rapid transport of casualties. Good water was available from springs near by.